

The Bay

Available Monday to Saturday from 5:00 pm and from 12:00 pm on Sunday

STARTERS

Garlic Bread (V)	£3.75
Tomato Garlic Bread (V)	£4.25
Cheesy Garlic Bread (V)	£4.25
Freshly made Soup of the Day <i>With a Warm Bread Roll and Butter</i>	£4.50
Duo of Melon (VE) <i>With Winter Berry Compote</i>	£4.25
Welsh Rarebit <i>Dressed Leaves</i>	£4.50
Chicken Liver Pate <i>Toasted Brioche and Chutney</i>	£5.75
Mozzarella & Tomato (V) <i>With Basil Leaves & Balsamic Glaze</i>	£4.95
Smoked Salmon & Cream Cheese Bruschetta <i>With Lemon Wedge</i>	£6.50 or £1.00 Supp. On Sunday Roast
Bury Black Pudding <i>With Whole-grain Mustard Sauce</i>	£5.50

FROM THE GRILL – Our Beef Steaks are a minimum 21 day aged!

Choose your meat, then add your choice of Potato, Vegetables & Sauce.

10 oz Rump Steak	£16.50	Chicken Breast	£12.25
8oz Sirloin Steak	£16.50	Pork Steak	£12.95
Gammon Steak with Two Fried Eggs or Fresh Pineapple	£11.95	Salmon Fillet	£14.50

Mashed Potato

Carrots & Garden Peas

Red Wine Sauce

Buttered New Potatoes

Steamed Vegetables

Wild Mushroom Sauce

Jacket Potato

Oven Roasted Vegetables

Provençal Sauce

Skinny Fries

Whole-grain Rice

Pepper Sauce

Seasoned Chips

Side Salad

Dianne Sauce

Sweet Potato Fries

Coleslaw

Stilton Sauce

Please take care when eating fish, as it may contain bones.

ALLERGEN RISKS: Some dishes may include ingredients not listed on the menu. For detailed information, please refer to our separate ingredients list available on request.

MAINS

Braised Beef	£14.50
<i>With Roasted Vegetables & Red Wine Sauce</i>	
Lamb Shank	£16.50
<i>With Creamed Potatoes & Roasted Vegetables</i>	
Creamy Linguine Carbonara	£11.75
<i>Crispy Pancetta, Cream & Topped with Soft Poached Egg</i>	
Minced Steak Burger on a Brioche Bun	£11.95
<i>With Tomato, Lettuce, Bacon, Melted Cheese, Onion Rings, & Seasoned Chips</i>	
Thai Red Chicken & Sweet Potato Curry	£11.25
<i>With Lemon Rice</i>	
Fresh Fish Fillet in Beer Batter	£10.95
<i>Seasoned Chips, Minted Peas and Tartare Sauce</i>	
Butternut Squash Linguine (VE)	£11.25
<i>With Sage</i>	

SUNDAY ROASTS (Sunday only)

Slow Cooked Roast Beef or Roast of the Day with Creamed & Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding & Rich Gravy	£12.95
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Add a Starter or Dessert for just £3.50

DESSERTS

Hot Pudding of the Day	£5.75
<i>Please ask your server for more information</i>	
Chocolate Brownie	£5.50
<i>With English Lakes Madagascan Vanilla Ice Cream</i>	
Crème Brulee	£5.75
<i>Strawberries & Homemade Shortbread</i>	
Selection of Cheese	£7.50 or £2.00
<i>With Celery, Grapes & Biscuits</i>	Supp. on Sunday Roast
English Lakes Ice Cream	£1.95 - 1 scoop
<i>Madagascan Vanilla, Death by Chocolate, Real Strawberry,</i>	£3.10 - 2 scoops
<i>Thunder & Lightning or Raspberry Ripple</i>	£4.50 - 3 scoops

HOT BEVERAGES

Regular or De-Caf. Coffee £2.20	Espresso £2.05
Americano £2.40	Double Espresso £2.30
Cappuccino £2.60	Mocha £2.70
Cafe Latte £2.60	Pot of Tea for One (Regular or Decaf) £2.70
Hot Chocolate £2.70	Pot of Tea for Two (Regular or Decaf) £4.20
Hot Chocolate & Whipped Cream £2.90	Herbal or Fruit Tea £2.65