

The Bay

Available Monday to Saturday 12:00 till 5:30 pm.

STARTERS

Homemade Soup of the Day, Petit Pain & Butter £3.95

Chicken Liver & Herb Pate with Toasted Brioche & Onion Marmalade £5.40

Duo of Melon with Berry Compote £5.40 

Mushrooms in a Creamy Garlic Sauce with Garlic Bread £5.50 

Roast Beetroot Salad £5.25 

Chicken Tenders with Sweet Chilli or BBQ Sauce £4.75

Black Pudding with Poached Egg & Whole-grain Mustard Sauce £5.75

Classic Prawn Cocktail £5.95

Smoked Salmon with Dill Crème Fraiche & Dressed Leaves £6.50

Tomato & Basil Bruschetta £4.50 

SANDWICHES

Homemade Soup of the Day & Sandwich of your Choice £8.50

Roast Beef & Caramelised Onions £5.50

Honey Roast Ham Salad £5.20

Chicken Breast with Sage & Onion Stuffing £5.40

Tuna Mayonnaise with Red Onion £5.40


Poached Salmon with Cucumber & Lemon Mayo £7.30

North Atlantic Prawns in a Classic Marie Rose Sauce £6.25

Mature Cheddar Cheese & Tomato Chutney £5.75 


Add Shoe String Fries for 60p

SALADS & PLATTERS

Fish Platter with Poached Salmon, Prawns, Mackerel, Coleslaw & Roasted Lemon & Bread Roll £13.25 

Ploughmans Platter with Lancashire Cheese, Sliced Apple, Pate, Pork Pie, Honey Roast Ham, Branston Pickle, Chutney, Bread Roll & Salad Garnish £12.30

House Salad with Warm Chicken & Snippets of Back Bacon £9.25

House Salad with Poached Salmon, Lemon Mayonnaise £11.45 

House Salad with North Atlantic Prawns, Lemon Mayonnaise £11.45

LIGHT BITE DISHES & SNACKS


Fresh Fleetwood Fish Fillet in Beer Batter, Chips, Mushy Peas, Tartare Sauce £7.95 

Small Danish Gammon Steak with your choice of Fried Egg or Pineapple £8.25

Lasagne al Forno with Garlic Bread £7.15

Vegetable Lasagne with Garlic Bread £7.30 

Mini Steak & Kidney Suet Pudding & Chips £6.65 (please allow a minimum 15 minutes)

Two Egg Omelette with two fillings of your choice: Cheese, Tomato, Ham, Mushrooms, Peppers & Onion served with Fries & Side Salad £7.75 

Jacket Potato Simply with Butter £3.50 or add 

Cheese, Coleslaw or Beans £1.00 each Tuna Mayonnaise, BBQ Pulled Pork or Chilli Con Carne £1.60 each

Selected Dishes - Monday to Saturday 12:00 till 5:30 pm

Two Courses £11.45 or Three Courses £14.75

Afternoon Tea Monday to Saturday 2:00 till 5:30 pm (advanced bookings only)

£12.50 per person

 Suitable for a Vegetarian Diet.  Suitable for a Vegan Diet

 Please take care when eating fish, as it may contain bones

ALLERGEN RISKS: Some dishes may include ingredients not listed on the menu. For detailed information, please refer to our separate ingredients list available on request.

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MAIN MEALS

Pan Seared Chicken Breast with Chasseur Sauce and Chef's Vegetables £9.75

Pork Belly with Madeira sauce on a Bed of Mash with Chef's Vegetables of the Day £10.45

Pork Steak served with Mushroom, Grilled Tomato & Seasoned Chips £9.45

Steak & Real Ale Pie. *Slow Braised Beef in Short-crust Pastry* with Chef's Vegetables & Seasoned Chips £8.95


Chicken, Ham & Leek Pie. *Succulent Chicken Pieces, Ham and Leeks in a Creamy Sauce Encased in Short-crust Pastry* with Chef's Vegetables, Seasoned Chips £8.35

Cheese & Onion Pie Encased in Short-crust Pastry with Chef's Vegetables and Seasoned Chips £8.35 

Butternut Squash & Sun-dried Tomato Risotto £9.45 

Linguine Carbonara £10.45

Fresh Fish Fillet in Beer Batter, Seasoned Chips, Mushy Peas & Tartare Sauce £9.35 

Fisherman's Pie topped with Cheesy Mash accompanied by Chef's Vegetables £9.95 

Fillet of Salmon with White Wine & Parsley Cream Sauce and Chefs Vegetables £12.60 

Satay Sweet Potato Curry £9.95 

Vegan "Cheesy" Leek Crumble £9.95 

BUILD A BURGER Created in house our Seasoned Burgers are served on a Brioche Burger Bun with Tomato Relish, Side Salad, Onion Rings & Fries

4oz Ultimate Beef Steak Burger £7.75 OR DOUBLE UP - Ultimate Beef Steak Burger for extra £1.95

Extra toppings... Cheese Melt, Pan Fried Onions, Grilled Mushrooms, BBQ Sauce 55p each or Crispy Bacon, BBQ Pulled Pork, Chilli Con Carne £1.05 each

FROM THE GRILL minimum 21 day aged, served with Mushroom, Grilled Tomato & Seasoned Chips

10oz Rump Steak £13.95 or 8oz Sirloin Steak £13.95

Large Danish Gammon Steak with Mushroom, Grilled Tomato, Seasoned Chips and either Fried Egg or Fresh Pineapple Slice £10.25

Top it off... Dianne, Pepper, Stilton, Bernaise or Garlic Mushroom Sauce £1.85 Three Onion Rings £1.60

SIDES

Garlic Bread £2.60

Garlic Bread with Cheese £2.95

Beer Battered Onion Rings £2.95

Shoe String Fries £2.25

Seasoned Chips £2.50

Sweet Potato Fries £3.25

DESSERTS

Spotted Dick and Custard £4.95

Banoffee Pie, Fruit Coulis and Chantilly Cream £4.05

Vanilla Crème Brulee with Shortbread £4.05

Chocolate Brownie with Whipped Cream or Vanilla Ice Cream £4.65

Trio of Ices £3.00

Selection of Cheese with Celery, Grapes & Biscuits £5.45

Chocolate Chip Banana Loaf £4.50 

Poached Peach with Blackcurrant Sorbet £4.50 

HOT BEVERAGES

Regular or De-Caffeinated Coffee £1.90

Mocha £2.40

Americano £2.10

Hot Chocolate £2.40 or with Whipped Cream £2.60

Cappuccino or Cafe Latte £2.30

Pot of Tea for One(regular or decaf) £2.40

Espresso £1.75 or Double Espresso £2.00

Herbal or Fruit Tea £2.35