

The Bay

Available Monday to Saturday 12:00 till 5:30 pm.

STARTERS



- * Homemade Soup of the Day, Petit Pain & Butter £3.75
- * Chicken Tenders with Sweet Chilli or BBQ Sauce £4.50
- * Duo of Melon with Berry Compote £5.25 
- * Creamy Garlic Mushrooms with Garlic Bread £5.25 
- Chicken Liver & Herb Pate with Toasted Brioche & Onion Marmalade £5.15
- Black Pudding with Poached Egg & Whole-grain Mustard Sauce £5.50
- Classic Prawn Cocktail £5.95
- Smoked Salmon with Dill Crème Fraiche & Dressed Leaves £6.50

SANDWICHES & SNACKS

- Homemade Soup of the Day & Sandwich of your Choice £7.50
- North Atlantic Prawns in a Classic Marie Rose Sauce £5.95
- Poached Salmon with Cucumber & Lemon Mayo £6.95
- Mature Cheddar Cheese & Tomato Chutney £5.50 
- Jacket Potato Simply with Butter £3.50 or add  Cheese £1.00, Coleslaw £1.00, Beans £1.00, Tuna Mayo £1.60, BBQ Pulled Pork £1.60, Chilli Con Carne £1.60
- Honey Roast Ham Salad £4.95
- Roast Beef & Caramelised Onions £5.25
- Tuna Mayonnaise with Red Onion £5.15
- Chicken Breast with Sage & Onion Stuffing £5.15
- Two Egg Omelette with two fillings of your choice: Cheese, Tomato, Ham, Mushrooms, Peppers & Onion served with Fries & Side Salad £7.50 

Add Shoe String Fries for 60p

SALADS & PLATTERS

- Fish Platter with Poached Salmon, Prawns, Mackerel, Coleslaw & Roasted Lemon & Bread Roll £12.50 
- House Salad with Poached Salmon, Lemon Mayonnaise £10.95 
- House Salad with North Atlantic Prawns, Lemon Mayonnaise £10.95
- Ploughmans Platter with Lancashire Cheese, Sliced Apple, Pate, Pork Pie, Honey Roast Ham, Branston Pickle, Chutney, Bread Roll & Salad Garnish £11.95.
- * House Salad with Warm Chicken & Snippets of Back Bacon £8.95

* Selected Dishes - Monday to Saturday 12:00 till 5:30 pm
Two Courses £11.45 or Three Courses £14.75

 Suitable for Vegetarians.

 Please take care when eating fish, as it may contain bones

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MAIN MEALS

- * Chicken Breast with Creamed Potatoes, Mushroom Sauce & Chef's Vegetables of the Day £9.25
- Braised Lamb Shank with Creamed Potatoes and Root Vegetable Sauce £15.50
- Pork Belly on a Bed Mash with Chef's Vegetables of the Day £9.95
- * Butternut Squash & Sun-dried Tomato Risotto £8.95 🥕
- * Steak & Real Ale Pie, Slow Braised Beef Encased in Short-crust Pastry, Seasoned Chips £8.45
- Chicken, Ham & Leek Pie, Succulent Chicken Pieces with Ham, Leeks & a Creamy Sauce Encased in Short-crust Pastry, Seasoned Chips £7.95
- * Fisherman's Pie topped with Cheesy Mash accompanied by Seasonal Vegetables £9.95 ~~CHINESE~~
- Steamed Fillet of Salmon with Chef's Vegetables of the Day and Tarragon Sauce £12.00 ~~CHINESE~~
- Fresh Fish Fillet in Beer Batter, Seasoned Chips, Mushy Peas & Tartare Sauce £8.35 large or £6.95 small ~~CHINESE~~
- * Linguine Carbonara £9.95
- * Cheese & Onion Pie Encased in Short-crust Pastry, Seasoned Chips £7.95 🥕
- * Pork Steak served with Mushroom, Grilled Tomato & Seasoned Chips £8.95

BUILD A BURGER Created in house our Seasoned Burgers are served on a Brioche Burger Bun with Tomato Relish, Side Salad, Onion Rings & Fries

4oz Ultimate Beef Steak Burger £7.50 OR DOUBLE UP - Ultimate Beef Steak Burger for extra £1.95

Extra toppings... Cheese Melt, Pan Fried Onions, Grilled Mushrooms, BBQ Sauce 50p each or Crispy Bacon, BBQ Pulled Pork, Chilli Con Carne £1.00 each

FROM THE GRILL minimum 21 day aged, served with Mushroom, Grilled Tomato & Seasoned Chips
10oz Rump Steak £13.50 or 8oz Sirloin Steak £13.50

Large Danish Gammon Steak with Mushroom, Grilled Tomato, Seasoned Chips and either Fried Egg or Fresh Pineapple Slice £9.95

Small Danish Gammon Steak with Seasoned Chips and either Fried Egg or Fresh Pineapple Slice £8.00

Top it off... Dianne, Pepper, Stilton, Bernaise or Garlic Mushroom Sauce £1.75 Three Onion Rings £1.50

SIDES

Garlic Bread £2.60

Garlic Bread with Cheese £2.85

Beer Battered Onion Rings £2.95

Shoe String Fries £1.95

Seasoned Chips £2.20

Sweet Potato Fries £2.95

DESSERTS

* Chocolate Brownie with Whipped Cream or Vanilla Ice Cream £4.50

* Pecan Pie with Vanilla Custard £5.50

* Vanilla Cheesecake & Mixed Berry Compote £4.95

* Trio of Ices £3.00

Lemon Torte, Smashed Strawberries & Blackberries £5.95

Fresh Fruit Salad, Elderberry Syrup £4.50

Baileys Banoffee Trifle with Shortbread £5.95

Selection of Cheese with Celery, Grapes & Biscuits £7.50